



## **Focused Care at Crane Keeps with State Trend To Reduce the Use of Antipsychotics in Long Term Care Communities**

*Crane Sees the Most Dramatic Drop in Use of Antipsychotics Among  
Focused Post Acute Care Communities*

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(Crane, TX) – Following a statewide report from Texas’ Health and Human Services Commission that the use of antipsychotics in nursing facilities has plummeted, Focused Care at Crane announced it has brought down its use by more than half - from 50 to 15 percent – representing a 35 percent reduction in the practice of administering antipsychotics since the acquisition of the long term care community by Focused Post Acute Care Partners.

“I am very proud of our team at Focused Care at Crane for employing evidence-based non-pharmacological strategies that are showing great promise in behavioral outcomes,” said Ladi Awowale, Executive Director of Operations for Focused Care at Crane. “Focused Care is changing the culture within our skilled nursing communities and the transformation is clearly beneficial to the health and well-being of our residents as well as our team and our local community.”

The recently released report indicates Texas’ ranking on the use of antipsychotics in long term care has improved from 51<sup>st</sup> in the nation in 2013 to 10<sup>th</sup> in 2018 – that referencing a quarterly report from the National Partnership to Improve Dementia Care in Nursing Homes.

Additional Focused Care communities in Monahans, Beechnut and Waxahachie have all seen major reductions in the use of antipsychotics from September to November 2017, shortly after Focused Care acquired the facilities, to December 2018 to February 2019.

Percentage reduction rates for the use of antipsychotics are as follows:

- Focused Care at Crane began at 50% and is now 15% - **a 35% reduction**

- Focused Care at Monahans began at 33% and is now at 9% - **a 24% reduction**
- Focused Care at Waxahachie began at 32% and is now at 14% - **an 18% reduction**
- Focused Care at Beechnut began at 17% and is now at 10% - **a 7% reduction**

The federal agency overseeing the quality of nursing home care, the Centers for Medicare and Medicaid Services (CMS), sets approved diagnoses for antipsychotics in the nursing home setting for schizophrenia, delusional disorders, mood disorders, Huntington's disease, Tourette's disorder and other acute short-term diagnoses. The agency also acknowledges that antipsychotics are typically started in hospitals or in the community health setting and underscores the need for skilled nursing care communities to evaluate the need for ongoing use of antipsychotics when a patient is admitted to the long term care setting.

New care strategies to replace the use of antipsychotics for many skilled nursing residents are proving effective. Long term care residents with dementia, a memory loss condition that is frequently accompanied by agitation and restlessness, are now participants in music and memory and art programs that are successful in calming anxiety and enhancing quality of life.

"Focused Care is pleased to be a part of Texas' overall effort to reduce the use of antipsychotics in our skilled nursing communities and we commend Focused Care at Crane for leading the way," said Mark McKenzie, founder and CEO of Focused Post Acute Care Partners. "Our goal is for our all of our communities to make progress in this area of enhancing care quality and to be a leader for health care consumers in the great state of Texas."

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*About Focused Post-Acute Care Partners:*

*FPACP is a Texas-based skilled nursing care company with 23 communities located largely in rural and small towns throughout the state. FPACP's mission is to invest in communities typically with fewer resources than metropolitan areas by providing state-of-the-art long term care services while instilling the expectation of excellence in skilled nursing care. The company's conviction, that It Takes a Minute to Change a Life, is what drives each team member and FPACP's overall business objectives.*

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