



## **Focused Care at Monahans Keeps with State Trend To Reduce the Use of Antipsychotics in Long Term Care Communities**

*Monahans Sees a Dramatic Drop in Use of Antipsychotics Among  
Focused Post Acute Care Communities*

April 24, 2019

Contact: Rebecca Reid  
(410) 212-3843

(Monahans, TX) – Following a statewide report from Texas’ Health and Human Services Commission that the use of antipsychotics in nursing facilities has plummeted, Focused Care at Monahans announced its reduced the use of those medications by more than half - from 33 to 9 percent – representing a 24 percent reduction since the acquisition of the long term care community by Focused Post Acute Care Partners. Additionally, Focused Care at Monahans achieved the lowest percentage in overall use of antipsychotics and is among the top performing communities companywide.

“Our team at Focused Care at Monahans is making a concerted effort to use evidence-based non-pharmacological strategies to encourage more positive behavioral outcomes,” said, Betty Turner, Executive Director of Operations for Focused Care at Monahans. “We continue to build a team that shares the same values and commitment to caring for residents in the most compassionate and effective ways that better their quality of life.”

The recently released report indicates Texas’ ranking on the use of antipsychotics in long term care has improved from 51<sup>st</sup> in the nation in 2013 to 10<sup>th</sup> in 2018 – that referencing a quarterly report from the National Partnership to Improve Dementia Care in Nursing Homes.

Additional Focused Care communities in Crane, Beechnut, Crane and Waxahachie have all seen major reductions in the use of antipsychotics from September to November 2017, shortly after Focused Care acquired the facilities, to December 2018 to February 2019.

Percentage reduction rates for the use of antipsychotics are as follows:

- Focused Care at Monahans began at 33% and is now at 9% - **a 24% reduction**
- Focused Care at Crane began at 50% and is now 15% - **a 35% reduction**
- Focused Care at Waxahachie began at 32% and is now at 14% - **an 18% reduction**
- Focused Care at Beechnut began at 17% and is now at 10% - **a 7% reduction**

The federal agency overseeing the quality of nursing home care, the Centers for Medicare and Medicaid Services (CMS), sets approved diagnoses for antipsychotics in the nursing home setting for schizophrenia, delusional disorders, mood disorders, Huntington's disease, Tourette's disorder and other acute short-term diagnoses. The agency also acknowledges that antipsychotics are typically started in hospitals or in the community health setting and underscores the need for skilled nursing care communities to evaluate the need for ongoing use of antipsychotics when a patient is admitted to the long term care setting.

New care strategies to replace the use of antipsychotics for many skilled nursing residents are proving effective. Long term care residents with dementia, a memory loss condition that is frequently accompanied by agitation and restlessness, are now participants in music and memory and art programs that are successful in calming anxiety and enhancing quality of life.

"Focused Care is pleased to be a part of Texas' overall effort to reduce the use of antipsychotics in our skilled nursing communities and we commend Focused Care at Monahans for its overall effort to cut its use by more than half as well as putting its percentage of overall use in the single digit column," said Mark McKenzie, founder and CEO of Focused Post Acute Care Partners. "Our goal is for our all of our communities to make progress in this area of enhancing care quality and to be a leader in long term care for health care consumers in the great state of Texas."

# # #

*About Focused Post-Acute Care Partners:*

*FPACP is a Texas-based skilled nursing care company with 23 communities located largely in rural and small towns throughout the state. FPACP's mission is to invest in communities typically with fewer resources than metropolitan areas by providing state-of-the-art long term care services while instilling the expectation of excellence in skilled nursing care. The company's conviction, that It Takes a Minute to Change a Life, is what drives each team member and FPACP's overall business objectives.*

Visit FPACP's website at [www.fpacp.com](http://www.fpacp.com)

You can view FPACP's wellness program at [www.fpacpwellness.com](http://www.fpacpwellness.com) or follow us on [Facebook](#), [Twitter](#), and [Instagram](#).

