



## **Focused Post-Acute Care Partners Receives Wellness Workdays' *Best Wellness Employer* Gold Certification**

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**Date:** March 27, 2018

**Fort Worth, Texas** - Focused Post-Acute Care Partners (FPACP) announced today it received the Wellness Workdays' *Best Wellness Employer* gold certification for its worksite wellness program. Developed by Wellness Workdays in collaboration with experts from Harvard Medical School, the initiative recognizes the significant accomplishments of employers dedicated to improving employee health and well-being and helps advance the field of worksite wellness by providing data and research about current practices and wellness outcomes.

"We are proud to receive this distinguished certification for our initiatives to improve the health and well-being of our employees," said Mark McKenzie, president and CEO of FPACP. "We are committed to delivering best-in-class corporate wellness programs that inspire and motivate our employees to live healthier lives."

The *Best Wellness Employer* certification recognizes the outstanding achievements of organizations committed to creating best-in-class corporate wellness programs. Experts from Wellness Workdays, Harvard Medical School and many other leading organizations developed the rigorous evaluation standards for the eligibility requirements. Organizations that are awarded certification will be featured at Wellness Workdays' 5th Annual Emerging Trends in Wellness Conference on April 11-12, 2018.

"Wellness programs are an increasingly attractive benefit for employees; a certified wellness program can build a stronger organization and help attract and retain top talent," said Debra Wein, founder and CEO of Wellness Workdays. "*Best Wellness Employer* certification demonstrates an organization's wellness culture and provides an opportunity to highlight corporate wellness program initiatives and their positive impact on employees' health."

Baillie Troskot, Director of Wellness for FPACP noted, "A healthcare company needs to walk the walk to be truly successful and put credibility behind our overall mission. Our theory is if you live well, you will be well and therefore work well. We are very proud of our *Best Wellness Employer* gold certification and excited to undergo this next step in promoting company-wide wellness."

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*About Focused Post-Acute Care Partners:*

*FPACP is a Texas-based skilled nursing care company with 20 facilities located largely in rural and small towns throughout the state. FPACP's mission is to invest in communities typically with fewer resources than metropolitan areas by providing state-of-the-art long term care services while instilling the expectation of excellence in skilled nursing care. The company's conviction, that It Takes a Minute to Change a Life, is what drives each team member and FPACP's overall business objectives.*

*You can view FPACP's wellness program at [www.fpacpwellness.com](http://www.fpacpwellness.com) or follow us on [Facebook](#), [Twitter](#), and [Instagram](#).*

*About Wellness Workdays:*

*Wellness Workdays is a Massachusetts company with offices in New York and Florida that designs and delivers worksite wellness programs to increase employee health and productivity and lower healthcare costs. Wellness Workdays has earned industry recognition and several best practices awards for its clients, which include New Balance, BJ's Wholesale Club, Putnam Investments, Brown University, Cabot Corp., the Massachusetts Institute of Technology, Rockland Trust, Bentley University, Cambridge Trust and Harvard Business School. Wellness Workdays is a Certified WBE (Woman-Owned Business Enterprise) as well as a DBE (Disadvantaged Business Enterprise). For more information about Wellness Workdays, visit [www.wellnessworkdays.com](http://www.wellnessworkdays.com) or follow us on [Facebook](#), [Twitter](#), [LinkedIn](#) and [Google+](#). Learn more about the Best Wellness Employer Certification Program at [www.bestwellnessemployer.com](http://www.bestwellnessemployer.com) and join the conversation on Twitter #BestWellness2018.*